

## INTERNATIONAL RESEARCH JOURNAL OF HUMANITIES, ENGINEERING & PHARMACEUTICAL SCIENCES

e-ISSN: 2320-2955, p-ISSN: - 2249- 2569, ISBN: - 978-81-909047-9-7 (Impact Factor-1.963)

Website- www.ijheps.org, www.journalspot.org email- editorboard@ijheps.org/journalboard@gmail.com

Paper Code-Int./JC14/H615



## STRESS IS BREAK IN LIFE NEVER OUT OF LIVING: A CASE STUDY OF AN INDIAN ARMY SEPOY

Maj Gen Gurdeep Singh Narang\* & Dr. Archana Sharma<sup>1</sup>

Research Scholar\*, Assistant Professor<sup>1</sup>, Amity Business School, Amity University, Lucknow, INDIA

CODE: BPWJC14/HOD ONLINE PAGE NO: 58-65 DIGITAL ARTICLE NO: 33

सर्वे भवन्तुः सुखिनः



(Mr. Shashank Tiwari)
Editor-In-Chief
Editor-In-Chief
IJHEPS Journal